

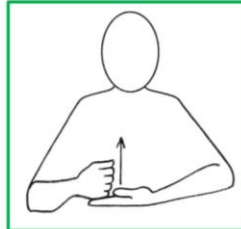
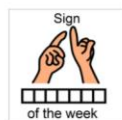
Help



When we **help** we make it easier or better for someone.

The Army, Police, Doctors, Teachers and Firefighters **help** to keep us safe.

We can **help** by **listening**.
 We can **help** by **doing** something.
 We can **help** by **giving** things or money.
 We can **help** by **following** the rules.



help

