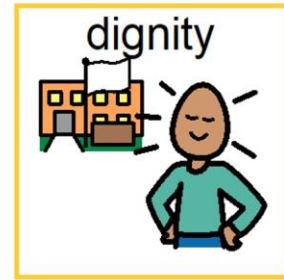


# dignity



When we have **dignity** we **value** ourselves.

When we have **dignity** we are **respected**.

When we have **dignity** we **respect** ourselves.

When we have **dignity** we feel **proud** and **important**, even when we are finding something hard.



Sign: pride  
(stroke  
down  
chest with  
thumbs in  
cycling  
motion)

dignity

